

Jan 16, 2015



HOME OF THE GRIZZLIES!

Macdonald Drive Junior High

110 MacDonald Drive

St. John's, NL, Canada



Parent Newsletter

Parent Meeting

Social Media Safety

Please come and join us.

On **Monday evening, January 26, 2015**, as part of our "Talking to Your Teens" series, *The Green Apple Alliance* of MDJH will host a presentation for parents by Mr. Lyle Wetsch, from Memorial University. He will be speaking on the importance of parents being aware of and vigilant toward the various apps and websites that our students, your children, are exposed to and the implications of this for their social and mental wellness. As well, Professor Wetsch will offer parents some helpful insights into managing their own social media and other online routines.

To give us an idea about numbers we are asking parents to pre-register by e-mailing Mr. Terry Ryan, one of our Guidance Counselors. (TerrenceRyan@nlesd.nl)

Share Successes

Does your child have a recent

accomplishment of which you are proud? Here at MDJH we want to celebrate the efforts of our students, all efforts not just the academic. So, if your child has an out of school activity or program where they have made a significant contribution, we want to know about it for our *Green Apple Alliance Wall of Celebration*. We will post a certificate with the student's name, activity and contribution/achievement for all to see and celebrate.

LET US KNOW! E-mail Mr. Ryan, one of our Guidance Counselors, for details. TerrenceRyan@nlesd.nl

NEW

Protocol for Visitors

In an effort to ensure safety and security at our school, all visitors will notice a renewed emphasis on checking in at the office prior to proceeding to any other point in the building. Visitors will be asked to sign in and wear a visitor ID tag. Thank you for your co-operation with this initiative.

Dates to Remember:

Parent Meeting—Monday, January 26, 2015

Semesterized Courses: Term 1 Ends Friday, January 30th, 2015

Reminder to Parents/Students

Doors open: 8:05 am.

Warning bell: 8:20 am (5 mins)

Homeroom: 8:25 am- 8:34 am

Period 1: 8:34 am– 9:30 am

Period 2: 9:30 am—10:26 am

Recess: 10:26 am—10:43 am

Warning Bell: 10:39 am (4 mins)

Period 3: 10:43 am– 11:39 am

Lunch: 11:39 a,- 12:33 pm

Warning Bell: 12:33 pm (5 mins)

Period 4: 12:38 pm– 1:34 pm

Period 5: 1:34 pm—2:30 pm

Semesterized Courses

Term 1:

Term 1 ends on Friday, January 30th. For courses in Health, Art, Home Economics, Music, Technology and Religion, students and parents are asked to check the portal in PowerSchool. All outstanding work must be completed and submitted to the teacher for evaluation.

Term 2:

New courses will begin on Monday, February 2, 2015.

Parent Portal Information for PowerSchool

By now all parents should have access to their child's daily attendance and marks. If you have not received your Portal Information please contact the Main Office—mayburke@nlesd.ca

Please be advised that the following PowerSchool Mobile Apps have been enabled for the NLESD PowerSchool server:

- PowerSchool Mobile App for Parents
- PowerSchool Mobile App for Students

Parents and students will need to log into their PowerSchool accounts to view the District Code. This code is required when using the Parent and Student PowerSchool Apps.

Breakfast Program Update

Thanks to all the wonderful parents and students who have made the Breakfast Program the great success that it is at our school. Over 200 students avail of the program each morning. We welcome more parent and student volunteers in the New Year.

Attention **Grade nine students:** Do you need extra hours for your volunteer component of the Duke of Edinburgh Program? The Breakfast Program can help!

Please contact Mr. Thorne or Mrs. Van Thiel.

Please note:

For the months of January and February, we are asking our **Grade 8 parents** to assist with donations of the following food items:

- apple / orange juice
- granola bars (peanut-free)
- plain bagels
- English muffins

***Monetary contributions are also welcome.



Band Notes – Week of January 19-23, 2015

- Jazz Band will practice Monday afterschool 2:40-4:00
- All band students are reminded that regular attendance is important to maintaining full participation in the band program

Band students will have an opportunity to attend a concert by a percussion group from Toronto – they are called TorQ and are a young, high energy and entertaining quartet of performers from Toronto. This concert will be on Wednesday, February 4 at 10 am. Please check out their website at www.torqpercussion.ca . A letter will be given to the students this week – please return it as soon as possible so we can make the necessary arrangements.

The schedule for this week is:

	Day 2 Mon. Jan 19	Day 3 Tues. Jan 20	Day 4 Wed. Jan 21	Day 5 Thurs. Jan 22	Day 6 Friday, Jan 23
Per. 1	Grade 7 Trombones Bass Guitar	Grade 7 trumpets			
Per.2	Grade 7 Clarinets and Alto Saxes	Grade 8/9 Alto Saxes			Grade 8/9 Tenor Saxes, Bari Sax- es Trombones Baritones Tuba Bass Guitar
Per. 3	Grade 8/9 FULL BAND		Grade 8/9 Flutes and Clari- nets		
Per.4	Grade 7 Flutes		Grade 7 FULL BAND		
Per. 5					Grade 8/9 Trumpets and French Horns



What's Happening at MacDonald Drive Junior High?

Activities/Clubs	Time	Room	Teacher Sponsor
Chess	Day 1 @ 12:10pm	210	Ms. Kinsella Ms. Parsons
Math Homework Haven	Monday @ 2:30pm-3:30pm Thursday @ 11:50am	LRC	Math Department
Knitting	Tuesday @ 11:50 am-12:33pm. Bring lunch.	227	Ms. Osmond
Lego Robotics (Fall)	Tuesday @ 2:30pm to 4:00pm	123	Mr. Smith Mr. Thorne
ROV (Winter)	Tuesday @ 2:30pm to 4:00pm	123	Mr. Smith Mr. Thorne
LGBTQ	Day 2	124	Ms. Brunet
Improv	Thursday @ 2:30pm	109A	Ms. Glynn
Drama	TBA	109A	Ms. D. Mills
Art Club	TBA	227	Ms. Penney
Newspaper	Wednesday @ 11:39am to 12:33pm	215	Ms. E. Mills
Math League	Wednesday @ 12:10pm	208	Ms. Doyle
Photography	Wednesday @ 2:30pm	220	Ms. Quann
Year Book	TBA	TBA	Ms. Quann
Video Club	Friday @ 2:30pm—4:30 pm	LRC	Mr. Langdon, Mr. Walsh
Environment Club	Day 2	206	Ms. Drover

Grade 9 School Leaving

We are in the process of planning for the Grade 9 School leaving ceremony. We are in the process of setting up a committee to explore options. And set a tentative date. We will seek some input from students.

Welcome to our MUN Interns

A warm welcome is extended to our nine MUN interns and our guidance intern who will be here with us until the Easter break.

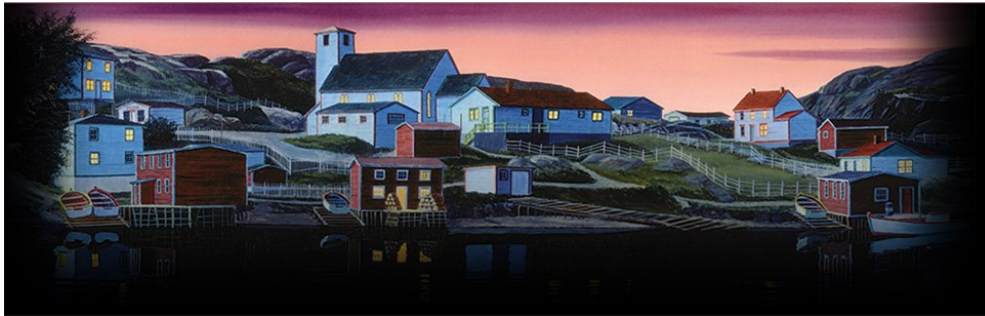
Medications

If your child requires medication while at school you must complete the necessary forms and have them signed by your family doctor before we can administer any medication at school. If your child requires over-the-counter medication, please complete

School Council - Ed Roche Calendars

We need your help! We have about 100 Ed Roche 2015-2016 calendars remaining for our fundraiser. We would like to increase our profit with the fundraiser for this year. If you are interested in purchasing calendars, please contact the school.

We will be selling these for \$10.00



Soy Butter Products

Parents and students are advised that soy butter products/peanut butter replacement products are not permitted within our school environment. Due to the presence of students with anaphylactic allergies to peanuts/peanut products and the difficulty for teachers on duty to distinguish between the products we ask for the cooperation of students and parents to pack an alternative snack/lunch items. And while we recognize that peanut butter replacement products do not present risk of an anaphylactic allergy, the presence of these products in our school will undermine our capacity to enforce our restriction on peanut butter.

Allergy Alert

We have a number of students with life-threatening allergies to various products. See the list below:

- No nuts
- No peanuts
- No latex
- No Fish
- No Shellfish



Public Service Announcements

City of St. John's, Recreation Division presents ... 7th Annual 'So You Think You've Got Talent?'

The Youth Talent Show is an annual event hosted by the City of St. John's, Recreation Division for youth aged 10 to 14 years. This is an opportunity for individuals or groups to display their artistic talents (i.e., singing, dancing, drama, playing in a band, martial arts, poetry reading, etc.).

Date: Sunday, February 22, 2015
Time: 2 pm - 5 PM
Location: L.S.P.U Hall, 3 Victoria Street
Cost: FREE to all performers and audience members!
Deadline for applications: Tuesday, February 10, 2015.

Application forms can be dropped at the following Recreation Division locations:

- Main Office - Crosbie Building, 1 Crosbie Place (Office Hours 9am - 4:30pm)
 - H.G.R Mews Community Centre, 40 Mundy Pond Road
 - Wedgewood Park Recreation Centre, 47 Gleneyre Street
- OR send completed form via fax to (709) 576-8469 or email recreation@stjohns.ca

Application forms are available at the main office.

For more information, please contact Youth Services Team at 576-8630 or 576-2357
Krista Gladney
Fieldworker I - Active Communities
Recreation Division
Community Services Department
City of St. John's
P.O. Box 908
St. John's A1C 5M2

Eastern Health

Energy Drinks

Parents are you aware of the concerns around young adolescents and energy drinks? For further information , see the information posted on our website.



Head Lice

A reminder from your public health nurse, to regularly check your child's head for lice. Precautions can help keep us all safe!

For further information, please check out web site.

www.easternhealth.ca>Your Health> A to Z >Head Lice

Grade 9 Immunizations

Coming soon!

ENTEROVIRUS D68

For information on

ENTEROVIRUS D68 see

Public Health Bulletin on the



MDJH webpage: www.mdj.k12.nf.ca.

PARENT NEWSLETTER

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We're on the web!
<http://www.mdj.k12.nf.ca>